SEC For	m 4 FORM	4 (JNITED) STA	TES S	SECL	RIT	IES	S AND	E	ХСНА	NGE	CON	/MI	SSION					
						Washington, D.C. 20549											OMB APPROVAL			
Section obligat	this box if no lo n 16. Form 4 or ions may contii tion 1(b).	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			n			
1. Name and Address of Reporting Person [*] Mendizabal Adriana					2. Issuer Name and Ticker or Trading Symbol CALAVO GROWERS INC [CVGW]									(Che	Relationship of Reporting Person(s) to Issuer Check all applicable) X Director 10% Owner					
, (Last)	(Fi	(Middle)		3. Date of Earliest Transaction (Month/Day/Year)Officer11/01/2023below)										give title Other (specify below)			specify			
	LAVO GRO CUMMING		4. If Ar	nendme	nt, Dat	e of	f Original Filed (Month/Day/Year)				Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person								
(Street) SANTA	PAULA C	93060		Person										iled by More than One Reporting າ						
(City) (State)			(Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - Nor	-Deriv	ative S	ecurit	ies A	cq	uired, D	Disp	oosed o	of, or I	Benefi	cial	y Owned	1				
				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securitie Benefici		es ally Following	Form (D) o	n: Direct r Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	t (A) or P		rice	Transaction(s) (Instr. 3 and 4)				(1150.4)		
		Т	able II - (ired, Di options						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		I. Fransacti Code (Ins 3)	on of tr. Der Sec (A) Dis of (posed D) tr. 3, 4	Date Exercisat xpiration Date lonth/Day/Year) Amoun Securit Underly Derivat		urities		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactie (Instr. 4)	s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
					Code V)ate xercisable		xpiration	Title	or Num of Sha	nber						

(2)

Explanation of Responses:

(1)

Restricted

Stock Units

1. Each restricted stock unit represents a contingent right to receive one share of CVGW common stock.

2. The restricted stock units fully vest on November 1, 2024.

11/01/2023

/s/ Adriana Mendizabal

Common Stock

(2)

<u>11/03/2023</u> Date

4,929

D

** Signature of Reporting Person

4,929

\$<mark>0</mark>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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