FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vvasinington,	D.O. 20040	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours per response:	0.5										

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Munsell Shawn (Last) (First) (Middle) C/O CALAVO GROWERS, INC. 1141-A CUMMINGS RD.					2. Issuer Name and Ticker or Trading Symbol CALAVO GROWERS INC [CVGW] 3. Date of Earliest Transaction (Month/Day/Year) 12/01/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director						
(Street) SANTA	PAULA CA	A	93060									1	Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St	•	(Zip)		-1: -	ative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3) 2. Tr			. Transa	1		3. Trans	action (Instr	4. Securities Acquired Disposed Of (D) (Instr. 5)		uired (A	A) or	5. Amou Securitie Benefici Owned F Reporter Transact	Amount of 6 curities Feneficially (vned Following (n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	ate, 1	4. Transaction Code (Instr 8)				6. Date Exercisa Expiration Date (Month/Day/Year		9	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	ount mber ares					
Restricted Stock Units	(1)	12/01/2022			A		3,608		(2)		(2)	Commo		608	\$0	3,608		D	
Restricted Stock Units	(1)								(3)		(3)	Commo		002		9,002		D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of CVGW common stock.
- $2. \ The \ restricted \ stock \ units \ vest \ in \ three \ equal \ annual \ installments \ beginning \ November \ 1, \ 2023.$
- 3. The restricted stock units vest in three equal annual installments beginning June 20, 2023.

/s/ Shawn Munsell

12/02/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.