FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     DiGregorio Michael Anthony						2. Issuer Name and Ticker or Trading Symbol CALAVO GROWERS INC [ CVGW ]										telationship eck all appli X Directo	cable) or	g Pers	10% Ov	vner
	•	OWERS, INC.	(Middle)													Officer below)	(give title		Other (s	specify
(Street)	PAULA C	A !	93060 (Zip)		4. If											ndividual or Joint/Group Filing (Check Applicable e)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ur) E	2A. Deemed Execution Date, if any (Month/Day/Year)		,   <del>,</del>	3. Transacti Code (Ins 8)		4. Securi Disposed 5)				Benefic Owned	es ially Following	Form (D) o	n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									[	Code V	,	Amount		A) or D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 01/03/2						2022				A		2,814 A		\$0	20,564			D		
Common Stock 01/03/2					3/2022					M		2,000	) A \$23		\$23.4	22,564		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactior Code (Instr 8)		n of		Exp	Date Exer piration D onth/Day/	ate		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	0 N	Amount or Number of Shares					
Stock Option (right to buy)	\$23.48	01/03/2022			М			2,000		(1)		(1)	Comn		2,000	\$0	2,000		D	

## Explanation of Responses:

1. This stock option vests in equal increments on each anniversary date of the grant over a five-year period and each increment is exercisable for five years from its vesting date.

/s/ Michael A. DiGregorio 01/04/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).